

Shari Barta MS, OTR/L, CPT, NCPT

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CAREER OBJECTIVE

A passionate Occupational Therapist and wellness clinician with extensive experience in the physical dysfunction field.

EDUCATION

M.S. in Occupational Therapy, June 2002 – University of New England

B.S. in Health Sciences, June 2001 – University of New England

Life Care Planning Certificate, May 2009 – Kaplan University

PROFESSIONAL EXPERIENCE

1. Owner and Corrective Exercise Trainer, **Shari Barta Wellness**, March 2019 – present, Denver, CO
2. Evaluating Occupational Therapist, **O.T. Resources Inc**, June 2017 – October 2021, October 2006 – August 2011, Denver, CO
3. Occupational Therapist, **Spalding Rehabilitation Hospital**, September 2017 – December 2019, Denver, CO
4. Owner and Private Occupational Therapist, **UR Body Best**, January 2014 – May 2017, Chelmsford, MA
5. Home Care Occupational Therapist, **Mount Auburn Hospital**, January 2012-September 2014 and June 2005 – June 2006, Cambridge, MA
6. Outpatient Occupational Therapist, **OccMed Colorado**, June 2007 – July 2010, Denver, CO
7. Occupational Therapist, **Swedish Medical Center**, June 2006 – September 2008 and August 2003 – August 2004, Englewood, CO

8. Occupational Therapist, **Boston Medical Center**, August 2004 – June 2005, Boston, MA
9. Occupational Therapist, **Sundance Rehabilitation Co**, July 2002 – March 2003, Wilmington, MA

PROFICIENCIES

Advanced Training in Ergonomics
Advanced Training in Pilates
Proficient in Vocational Evaluations
Proficient in Functional Capacity Evaluations
Designed and Delivered Wellness Education Seminars
Advanced Training in Kinesiotaping
Corrective Exercise Specialist
Women's Health Specialist

LICENSES / CERTIFICATIONS

1. Board Certified Occupational Therapist, NBCOT, 2002-present
2. Licensed Occupational Therapist, State of Colorado, 2011-present
3. Certified Pilates Instructor, NPCP, 2021-present
4. Certified Postpartum Exercise Specialist, PCES, 2020-present
5. Certified Personal Trainer, NASM, 2015-present
6. Certified Functional Capacity Evaluations
7. Certified Health Ergonomics
8. CPR

MEMBERSHIPS / AFFILIATIONS

Pilates Method Alliance